Medication Reminder (premium service)

Never forget to take your medications and pills again. The Kanega watch medication reminders are customizable and easy to understand.

I.   Kanega Wearer Portal

Your Kanega wearer portal is a location where you can add, edit, and delete medication reminder times. You only need to know your last name and the security code from your watch.

A. Accessing your Kanega wearer portal
Visit www.my.kanega.com/med-reminders to access your Kanega wearer portal. Enter your last name and the security code you received on your watch, then press save, and log out. See below in Section II on how to get the security code from your watch.

Kanega Wearer Portal

Your Kanega wearer portal is a location where you can customize medication reminder times. You only need to know your last name and the security code from the user menu on your Kanega watch.

Last Name: [   ]
Security Code: [   ]

Login

B. Adding, editing, and deleting medication reminder times
    Enter up to five (5) daily medication reminder times. To delete, click on the trash can. To edit a time, simply re-enter the correct times. After you finish, press save, and log out.

Medication Reminder Times

Please add, edit, or delete up to five (5) daily reminder times by using the drop down boxes. You can delete a time by clicking on the grey trash icon. Once completed, press the save button.

After you save your reminder times, update your watch by going to "Update Settings" in your user menu. Once your watch is updated, your reminder times are activated and will begin at the next reminder time.

#	Hour	Minute	AM/PM	Status
1	09	30	AM	Pending Activation
2	03	55	PM	Activated
3				
4				
5				

Save   Logout

C. Updating medication reminders on your watch
    After you save your reminders, update your watch by going to "Update Settings" in your user menu. Once your watch is updated, your reminder times are activated and will begin at the next reminder time.

D. Receiving medication reminders on your watch
    You receive medication reminders the same as other notifications. At the time of your reminder, you will feel two (2) buzzes or vibrations. You respond by either:

    a. Pressing the crown button one (1) time and the text "Take Meds" appears on the display.
    b. Speaking "Fred Astaire, yes" and the Kanega watch will say "It is time to take your medications" and displays "Take Meds"

II.   Getting your security code from your Kanega watch

Get Security Code Your security code, along with your last name, allows you access your Kanega wearer portal and add or update your medication reminders.

1. From the clock face, proceed to the '**Date**' screen by pressing the crown button one (1) time.
2. Proceed to the '**Information**' screen by pressing the crown button two (2) times.
3. Press the crown button one (1) time to move through each of the next six (6) screens on the watch to see the '**Get Security Code'** screen.
   The six screens you pass are: Update Settings, Clock Face, Brightness, Listening, Airplane Mode, and Repeat Tutorial
4. When you are in the '**Get Security Code'** screen, press the crown button two (2) times quickly and the watch speaks and displays a security code for 10 minutes. After you enter and save the security code into your Wearer Portal, you can access your medication reminder calendar. Each time you perform "Get Security Code", a new security code is generated, which is valid for 10 minutes.

Show me how to get my security code.
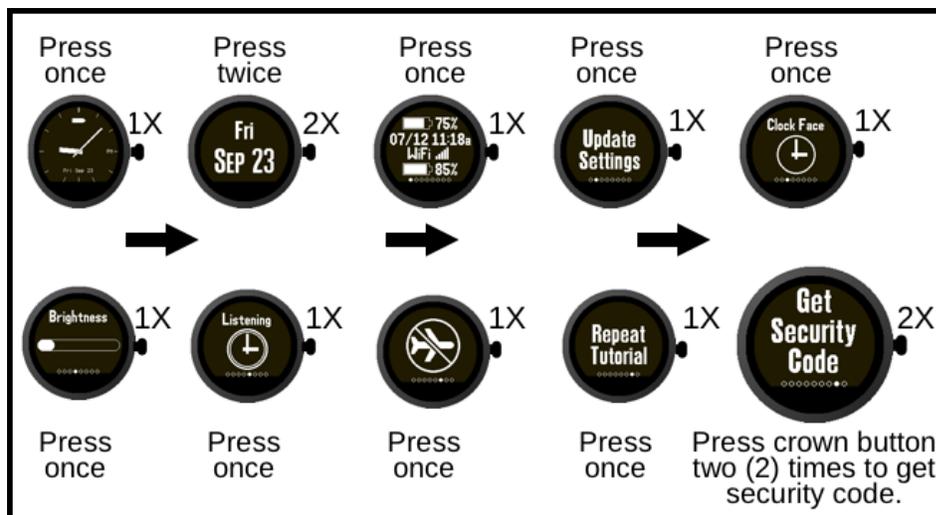
We recommend you double check the security code from your watch prior to clicking the save button on your Kanega wearer portal.