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Extending independence with dignity

Kanega Watch User Guide

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1 KANEGA WATCH OVERVIEW

Thank you for purchasing the Kanega watch! The Kanega watch is voice-controlled with 24-hour monitoring service. The watch is a standalone personal emergency response device with no need for a smartphone. The Kanega watch is designed to wear all the time to keep you independent, active, and safe. It provides fall detection and emergency response.

1.1 What's in the Box?

Kanega watch



Four (4) Kanega batteries



One (1) battery charger with a power cord



User Guide and a Quick Start to help you initially turn on the watch

1.2 Kanega Watch Layout



Crown button- The crown button is on the right-hand side. The crown button is different than one on a typical watch. You can press the center of the crown, but it does not turn. The outer part of the crown is solid to protect against accidental presses. You press the crown button to non-verbally communicate with your watch.

Display- The display of the watch is an OLED (Organic Light Emitting Diode). OLED's have brightness and contrast that require less power than other displays. A hardened crystal protects the display so don't worry about cracking the display. The clock face is not touch sensitive.

Electrical pins – The electrical pins are gold and located at the top of the battery carrier. These pins allow the watch to receive power from the battery.

Magnet – The square magnet is located at the bottom of each side of the battery carrier. The magnet helps the battery stay in place.

Microphone – There are microphones on each side of your Kanega watch. The microphone enables the watch to hear you.

Speaker – The speaker is on the back of the display so the voice resounds from the back-plate of the watch.

Watch Band- The band should fit snugly to keep it from rotating on your wrist, but not be too tight or loose. The open clasp allows you to slip the watch over your hand while fitting snugly when closed. If it doesn't fit correctly, you can take it to a reputable jeweler to be resized.

1.3 Crown Button Terminology

- **“Press and hold the crown button”** means to press the crown button for 2-3 seconds. This is to call an operator at the monitoring center during an emergency.
- **“Press the crown button”** means to quickly press the crown button for less than one (1) second.



For your safety, wear your Kanega watch 24-hours a day since many falls happen at night.



The majority of the time, press the crown button once for less than one (1) second and the watch displays text how to proceed.

2 ABOUT THE USER GUIDE

The user guide is an in-depth reference to understand the Kanega watch's functionality with a visual glossary for displays of the watch screens. The Quick Start is a guide to instruct you how to turn on your Kanega Watch the first time.

Tips, Warnings, and Show me icons for a quick reference



TIPS - Special notes to clarify a description or procedure.



WARNING - Critical messages to ensure safety and proper operation.



SHOW ME - Illustrated explanations of Kanega watch behavior.

3 TURNING ON YOUR KANEGA WATCH FOR THE FIRST TIME

We know how excited you are to start wearing your Kanega watch. There are a few simple setup steps to complete before your Kanega watch is ready to wear. Please watch our educational videos at www.unaliwear.com/support.

1. Fully charge your Kanega batteries before inserting them on the watchband
2. Install the Kanega batteries on your watch for the first time in a location with a good cellular connection.

The display will show either 'black/blank' OR 'Kanega Watch'.



If you see a 'black/blank' display, press (do not twist) and hold the crown button for approximately three (3) seconds. The crown button is on the right-hand side of the watch. Release the crown button when the white bar disappears.

The initial set-up may take up to ten (10) minutes. During the set-up process, the screen displays 'Kanega Watch' and then 'Setting-up'. When ready, it displays 'Press crown to begin' and is ready for you to listen to a short tutorial.

4. Listen to your voice tutorial.



- a. Please wear your watch during the tutorial.
- b. One (1) short press of the crown button starts the tutorial.
- c. The voice tutorial will teach you:
 - **How to communicate with the watch**
 - **How the watch communicates with you, and**
 - **How to contact an operator at the monitoring center.**



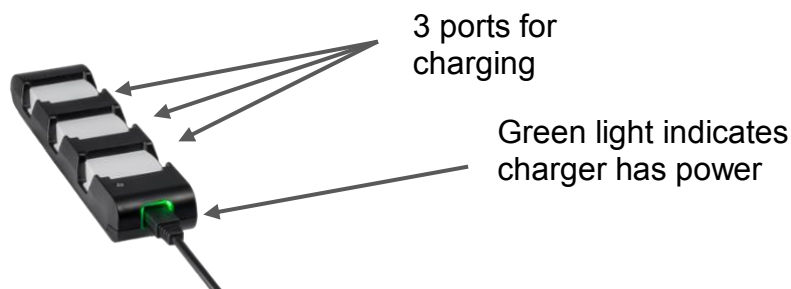
Note: Once the "Press crown to begin" screen appears you have one (1) minute to press the crown button. If you do not press the crown button within one (1) minute you see a 'Back to sleep' screen, and the watch returns to sleep to conserve battery. To wake the watch, press and hold the crown button for approximately three (3) seconds. Release the crown button when the white bar disappears.

If during set up the watch does not have strong enough cell signal to make a test call to the operator, it will let you know by voice and text to call support.

4 BATTERY CHARGER

Your Kanega watch battery charger is designed to charge the Kanega watch batteries. It charges a maximum of three (3) batteries. Normally you only have two (2) batteries charging at once because the other two (2) batteries remain on your watch.

4.1 Battery charger layout



Battery charger indicator lights:

When you insert a discharged battery into the charger, the light beneath the battery glows red (fades in and out, or “breathes”). This is an indication the charger is properly charging the battery. When the battery is charged, the light turns solid green and the charger stops charging.

- Red light fading = batteries are in the process of charging.
- Green light = batteries are fully charged.

4.2 Charging your batteries

Your Kanega batteries are to be charged and changed daily.

1. Connect the power cable of the charger to a wall power outlet. The green light at the base indicates that the Kanega battery charger is powered on.
2. Insert two (2) batteries in the charger.
3. To insert a battery, gently squeeze the sides and place the battery bottom first into the charger port. Set the top end down and release the sides. The light below the battery will “breathe” or fade red when the battery is charging properly. To remove batteries, reverse steps.
4. The light below the battery flashes red from side to side (like a train crossing) if the battery is not making proper contact with the charger. If this occurs, remove and reinsert the battery.
5. Fully charging a battery may take up to four (4) hours. The lights turn solid green once the battery is fully charged. After the batteries are fully charged, leave them in the battery charger until you need to change the batteries on your watch.



Leaving the batteries in the charger after they are fully charged is recommended and does not damage the charger or the batteries.



The Kanega watch battery charger can only charge the official Kanega batteries that are supplied with your watch.

5 BATTERIES

Your Kanega watch is supplied with four (4) Lithium Ion batteries.



5.1 Requirements

The watch requires two (2) official Kanega batteries to operate. The watch has an internal battery for emergencies only. The internal battery is inside the watch and not intended for day-to-day operation. You must always have two charged batteries on your watch.

5.2 Battery Life

Under normal conditions your batteries last 24-36 hours. Best practice is to proactively change your batteries daily.

The batteries may need frequent charging the first few times of use because they are also charging the internal backup battery inside the watch. Once the internal battery is charged, your batteries will last longer. The first time you set up the watch, you may need to change your batteries ever 4-6 hours until the internal battery is full charged. Try not to allow your watch batteries to discharge to zero, as this results in reduced performance of your batteries.



Battery life varies based on activity, screen brightness, and Wi-Fi or cellular usage.

5.3 Changing batteries on the watch band

When it's time to change your batteries, remove a battery from your Kanega watch and place in the empty port on the charger. Then remove a charged battery to replace it. Repeat for the second battery. Please watch our video on changing batteries on your Kanega watchband at www.unaliwear.com/support.

Your Kanega battery charger has three (3) ports for your batteries. We recommend that you keep two (2) batteries on your Kanega watch and two (2) batteries on the charger. That way, you will always have charged batteries ready when needed.

To install your batteries into your Kanega watchband:

1. Press and hold the sides of the batteries. Insert the battery into the watchband by inserting the bottom end (with no electrical contacts), secure the top, and release the battery's sides. Gently press the top of the battery to ensure it has clicked into place.
2. Notice there's a small magnet that helps the bottom of the battery stay in place. You'll feel the battery attach.

To remove the batteries from your Kanega watch band:

1. Press and hold the sides on the battery.
2. Pull the top of the battery away from the watchband.
3. Remove by lifting the bottom of the battery out of the watchband.



Wear your Kanega watch while changing the batteries for continuous protection.



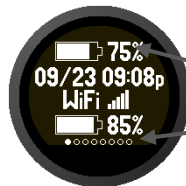
With any habit, it may take a few days to weeks to create a routine of changing your batteries. Please give yourself ample time while wearing the watch to form the habit.

5.4 Charge status

To check the status of the Kanega watch batteries, you either refer to the battery icon on the watch for an overall status of the combined charge level of the batteries or go to the information screen and view the level of charge of each battery. For more details on the Information Screen, please refer to page 18.



Combined
relative
charge level



Individual
battery
charge
percentages

5.5 Battery notifications

The Kanega watch non-verbally notifies you with two (2) short vibrations or buzzes when it is time to change the batteries. This notification happens daily between 6 p.m. and 8 p.m., if the following requirements are met:

- You are home and on Wi-Fi.
- The average battery charge levels are below 30%.
- You are awake (based on your watch activity level).

The buzzes occur every six (6) seconds for up to thirty seconds. During the 30 seconds you can respond with one of the following actions:

- **Verbal:**
 - Say “**Fred Astaire, yes.**” The Kanega watch says, “**It is time to change the batteries.**” and “Change batteries” appears on the display as shown below.
 - Say “**Fred Astaire, no.**” The notification buzzing ends and you will be reminded again in 15 minutes.
- **Touch:**
 - **Press the crown button one (1) time.** The watch displays “Change batteries” as shown below. The watch will not speak to you.
 - **Press the crown button two (2) times.** The notification buzzing ends and you will be reminded again in 15 minutes.
- **Ignore the notification** – After 30 seconds, the notification buzzing ends and you will be reminded again in 15 minutes.

If the battery notification is accepted, the display changes to one of the following screens, with arrows indicating which battery(s) need to be changed:



Exit the “Change batteries” screen by doing one of the following actions:

- **Change the batteries.** An arrow indicates which batteries need to be changed. The watch returns to the clock face after the batteries are changed.
- **Press the crown button one (1) time without changing the batteries.** The watch returns to the clock face.



For best results, change both batteries when you receive a battery notification. Change them any time if you think the battery charge levels are getting low, or if you anticipate they will be low at an inconvenient time, such as during sleep or when you are away. Best practice is to proactively change your batteries daily.